

Quarantine in western Panama and Panama Provinces will continue through the month of July

MINSAs announced that in the provinces of Panama and Panama Oeste, the weekend curfew from 5pm on Saturday until 5am on Monday will continue through the month of July.

The government announced that movement restrictions based on gender and ID number are still observed:

Women: Mondays, Wednesdays, and Fridays

Men: Tuesdays, Thursdays and Saturday until 5:00 pm

Movement is still restricted to a two-hour window based on the last digit of the person's ID number or passport number in the case of not being a Panamanian citizen:

If last number is 7 – 6:30 – 8:30am

If last number is 8 – 7:30 – 9:30am

If last number is 9 – 8:30 – 10:30am

If last number is 0 – 9:30 – 11:30am

If last number is 1 – 12:30 – 2:30pm

If last number is 2 – 1:30 – 3:30pm

If last number is 3 – 2:30 – 4:30pm

If last number is 4 – 3:30 – 5:30pm

If last number is 5 – 4:30 – 6:30pm

If last number is 6 – 5:30 – 7:30pm

There is a special window for those over 60 years old, regardless of ID or passport numbers, between 11:00 am and 1:00 pm.

Normal exceptions apply for holders of permission letters (salvoconductos).

Parents may take one child per family outside near their home or in the social areas of their apartment building during the two-hour window of the accompanying parent.